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DSM-5 Publication Date Moved to May 2013

ARLINGTON, Va. (Dec. 10, 2009) – The American Psychiatric Association revised the timeline for publishing the fifth edition of the *Diagnostic and Statistical Manual of Mental Disorders*, moving the anticipated release date to May 2013.

“Extending the timeline will allow more time for public review, field trials and revisions,” said APA President Alan Schatzberg, M.D. “The APA is committed to developing a manual that is based on the best science available and useful to clinicians and researchers.”

The extension will also permit the *DSM-5* to better link with the U.S. implementation of the *ICD-10-CM* codes for all Medicare/Medicaid claims reporting, scheduled for October 1, 2013. Although *ICD-10* was published by the WHO in 1990, the “Clinical Modification” version (*ICD-10-CM*) authorized by the U.S. Centers for Medicare and Medicaid Services (CMS) and the Centers for Disease Control (CDC) is not being implemented in the U.S. until 23 years later. The *ICD-10-CM* includes disorder names, logical groupings of disorders and code numbers but not explicit diagnostic criteria. The APA has already worked with CMS and CDC to develop a common structure for the currently in-use *DSM-IV* and the mental disorders section of the *ICD-10-CM*.

The *International Classification of Diseases (ICD)* is published by the WHO for all member countries to classify diseases and medical conditions for international health care, public health, and statistical use. The WHO plans to release its next version of the *ICD*, the *ICD-11*, in 2014. APA will continue to work with the WHO to harmonize the *DSM-5* with the mental and behavioral disorders section of the *ICD-11*. Given the timing of the release of both *DSM-5* and *ICD-11* in relation to the *ICD-10-CM*, the APA will also work with the CDC and CMS to propose a structure for the U.S. *ICD-10-CM* that is reflective of the *DSM-5* and *ICD-11* harmonization efforts. This will be done prior to the time when the *ICD-10-CM* revisions are “frozen” for CMS and insurance companies to prepare for the October 1, 2013, adoption.

The Timeline

David Kupfer, M.D., chair of the *DSM-5* Task Force, which is in charge of the *DSM* revision process, noted that draft changes to the *DSM* will be posted on the *DSM-5* Web site in January 2010. Comments will be accepted for two months and reviewed by the relevant *DSM-5* Work Groups in each diagnostic category. Field trials for testing proposed changes will be conducted in three phases.

The process for developing the *DSM-5* began a decade ago, with an initial research planning conference under the joint sponsorship of the APA and the National Institute of Mental Health. Additional global research planning conferences, under the auspices of the American Psychiatric Institute for Research and Education (APIRE), the World Health Organization, and three institutes of the National Institutes of Health produced a series of monographs, which helped lay the groundwork for the revisions. The APA's *DSM-5* Task Force and Work Group members were identified in 2007; they are tasked with reviewing scientific advances and research to develop draft diagnostic criteria in diagnostic categories of psychiatric disorders. Information about the revision process is available online at www.DSM5.org.

The American Psychiatric Association is a national medical specialty society whose physician members specialize in the diagnosis, treatment, prevention and research of mental illnesses, including substance use disorders. Visit the APA at www.psych.org and www.healthyminds.org.

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